



MEMORANDUM

Date: June 4, 2025

To: Honorable Mayor and Commissioners

Via: Brian Barroso
City Manager

From: Edward Perez
Deputy Fire Chief

Subject: **Public Safety Physicals for Key West Fire Department**

Introduction

Authorize the purchase of public safety physical examination services to all active Key West Fire Department Fire-Rescue (KWFD) personnel at an annual, estimated per-member cost of \$791.00 for HazMat team members (est. 45 members) and \$618.00 for non-HazMat members (est. 55 members), from Life Extension Clinics, Inc. d/b/a LifeScan Wellness Centers (LifeScan) utilizing pricing pursuant to the City of Clearwater RFP# 53-23 purchasing agreement, at an estimated total annual cost of \$69,585, pursuant to Key West City Code of Ordinances Section 2-797(3); authorizing the city manager to execute an agreement upon consent of the city attorney; providing for an effective date; authorizing necessary budget transfers.

Background

The KWFD Fire-Rescue personnel require annual public safety physical examination services to comply with state and federal standards and guidelines, including National Fire Prevention Agency (NFPA) 1582 and 1583, IAFC/IAFF Wellness Fitness Initiative, and OSHA 1910.134, Respiratory Protection Program. Our research and experiences find that LifeScan provides public safety physical examinations to be in complete compliance and exceed local clinical providers' level of care.

LifeScan's public safety physicals utilize enhanced screenings, including ultrasound screenings of the internal organs and cardiovascular system and advanced laboratory blood profiles to detect significant diseases such as heart disease, stroke, cancer, diabetes, and aneurysms. This agreement will offer all KWFD members consistent tracking of their medical health and physical fitness for duty for a set cost while enabling LifeScan physicians to review all past examination reports and be familiar with all members' positive and or adverse progress.

LifeScan has satisfactorily provided annual public safety physical examination services for KWFD personnel for several years and has again agreed to provide all necessary services on-site at our facility. Both LifeScan and the City of Clearwater have approved the KWFD to utilize services and pricing under the City of Clearwater's RFP #53-23, which has an effective date of 01/01/2024, for an initial term of (1) year, ending 12/31/2024, that may be renewed for three (3) additional one (1) year terms offering KWFD contracted services and prices subject to annual pricing increase for a possible total term through 2027.

The size of the KWFD Haz-Mat team fluctuates from year to year due to the retirement of personnel and certifications of new members. The Haz-Mat team currently consists of 45 member is expected to have 45 to 55 members over the following (3) years. The proposed cost of \$791 per HazMat member will include the LifeScan Public Safety Physical Exam at \$525, with an additional \$173.24 for HazMat Cholinesterase and Heavy Metals test, \$66.30 for Hepatitis C screening test, and \$26.52 for PPD TB skin test. The remaining fire-rescue crew members do not require Cholinesterase and Heavy Metals testing, resulting in a \$618 per member price.

The City Commission has approved funding for all active firefighters to receive annual public safety physicals during the FY 24-25 special budget meeting, allocating \$55,000 to account # 001-2201-522-3100.

After diligent review, KWFD staff has confirmed that competitive pricing for services listed in RFP #53-23 and the contract issued by the City of Clearwater with LifeScan are both fair and reasonable, pursuant to Key West City Code of Ordinances Section 2-797(3).

Procurement

\$55,000 is currently allocated to account # 001-2201-522-3100. Additional funding is available via account 001-2201-522-5200 for budget transfer to cover the remainder of the estimated cost.

Recommendation

Authorize the purchase of public safety physical examination services to all active Key West Fire Department Fire-Rescue (KWFD) personnel at an annual, estimated per-member cost of \$791 for HazMat team members (est. 45 members) and \$618 for non-HazMat members (est. 55 members), from Life Extension Clinics, Inc. d/b/a LifeScan Wellness Centers (LifeScan) utilizing pricing pursuant to the City of Clearwater RFP# 53-23 purchasing agreement, at an estimated total annual cost of \$69,585, pursuant to Key West City Code of Ordinances Section 2-797(3); authorizing the city manager to execute an agreement upon consent of the city attorney; providing for an effective date; authorizing necessary budget transfers.

Exhibits:

Exhibit A – Clearwater – LifeScan Contract
Exhibit B – LifeScan Approval
Exhibit C – Clearwater RFP #53-23 Award Letter
Exhibit D – LifeScan Response to RFP #53-23
Exhibit E – Clearwater RFP #53-23
Exhibit F - Renewal 1 Agreement Letter