PROCLAMATION

WHEREAS, the Office of the First Lady reports that nearly one in three children across the United States are considered overweight or obese; and

WHEREAS, the 2009 Florida Youth Risk Behavior Survey indicates that approximately 10 percent of Florida high school students are considered obese; that only 22 percent eat the recommended five servings of fruits and vegetables each day; that at least 19 percent do not participate in the recommended 60 minutes of physical activity each day; and

WHEREAS, the Florida Department of Health reports 19 and 32 percent of the adult population of Monroe County is considered obese or overweight, respectively; and

WHEREAS, First Lady Michelle Obama launched the *Let's Move!* campaign in February 2010 to solve the challenge of childhood obesity within a generation so that children born today will reach adulthood at a healthy weight; and

WHEREAS, *Let's Move!* is comprehensive, collaborative and community-oriented and encourages collaboration among the leaders in government, medicine and science, business, education, athletics, community organizations and more on the challenge of childhood obesity; and

WHEREAS, the Monroe County Health Department runs a wellness program that addresses the challenge of childhood obesity through projects that educate and engage the community.

NOW, THEREFORE, I, Craig Cates, Mayor and Clayton Lopez, District 6 City Commissioner of the City of Key West, do hereby proclaim that the City of Key West will support the

Let's Move Campaign

in the "Southernmost City of the Continental United States" I would like to urge all in the "Southernmost City of the Continental United States" I would like to urge all citizens, residents, visitors and other nonprofits and government entities, to join the City of Key West, in encouraging healthy lifestyle choices and programs for our youth of our Southernmost City to participate fittingly in the observation.

WITNESS my hand and seal of the City of Key West, Florida, this 19th day of October 2010.

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Craig Cates, MAYOR

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Clayton Lopez, D6 City Commissioner