

## IWFFA Covid 19 Guidelines

Due to the recent Covid 19 pandemic, we will be adding some additional safety features to our flag football program to ensure the safety of our players and coaches.

This year, women's teams will have to show their vaccination card at the registration along with your photo I.D. when you sign your team roster to register for the tournament.

Your roster will be noted, and monitored during all games.

Women who are NOT vaccinated - MUST wear masks on the field during play.

We ask that off the field a 6 foot distance is maintained.

Kindly Respect Our Rules for the Safety of All

- We will be sanitizing our equipment after every practice, scrimmage, or game by means of a combination of the steam method, natural disinfectant products, and alcohol based products.
- We will be asking players and coaches to wash hands and or use hand sanitizer more frequently during practices and games.
- We will be socially distancing the players and coaches. Staggered start times for when we run laps, breaking players up into smaller groups for water breaks, and limiting the number of players for practices is a few examples of how we will be distanced.
- We will encourage our players to wear a lightweight, breathable buff during practice and games.
- We will also increase breaks due to the facial coverings.
- We will have a digital thermometer on site to take the temperature of all players and coaches before the start of any practice or game. If a player or coach has a temperature of 100.4 or greater, we will kindly and discretely ask them to leave the practice to go home and get some rest.
- IWFFA will be following all rules and regulations set out by the CDC if any of our players or coaches become ill due to Covid 19.
- Players NOT vaccinated - MUST WEAR MASKS ON THE FIELD
- We will require proof of vaccination at women's registration

**\*\*Do not come to the tournament if you are not feeling well.\*\***

We will continue to assess the Covid19 situation regularly and will make adjustments as needed to ensure the safety of everyone who is involved with our program. The player's safety is our top priority.

If you have any questions or concerns, please contact Coach Diane at 305-896-8678.