



MEMORANDUM

Date: May 2, 2023

To: Honorable Mayor and Commissioners

Via: Albert P. Childress
City Manager

From: Alan Averette
Fire Chief

Subject: **Public Safety Physicals for Key West Fire Department**

Introduction

Authorize an amendment to Resolution 22-107 providing public safety physical examination services to all active Key West Fire Department Firefighters at an annual, per-member cost not to exceed \$690.00, authorizing up to a total of \$65,550 annual cost, from Life Extension Clinics, Inc. d/b/a LifeScan Wellness Centers (LifeScan), authorizing necessary budget transfer and amendment.

Background

Resolution 22-107, dated May 3, 2022, approved the procurement of annual public safety physical examinations from LifeScan at the cost of \$638.00 per member, authorizing up to a total annual cost of \$25,520.

On September 8, 2022, the City Commission approved funding for all active firefighters to receive annual public safety physicals during the FY 22-23 special budget meeting, which allocated \$48,600 to account # 001-2201-522.31. This approval raised the number of physicals required from 40 to now 95.

On November 18, 2022, LifeScan announced an 8% rate increase effective January 1, 2023, for all services. On November 21, 2022, the City of Clearwater accepted the price increase request, effectively raising the cost of physicals from \$638 to \$690 for hazmat physicals and \$539 for non-hazmat physicals.

After diligent review, competitive pricing was obtained through piggybacking on an RFP and contract issued by the City of Clearwater with LifeScan, pursuant to Key West City Code of Ordinances Section 2-797(3).

Public safety physicals must be performed for Key West Fire Department Hazardous Materials Team Members to comply with state and federal standards and guidelines, including Florida Statute 112.18, National Fire Prevention Agency (NFPA) 1582 and 1583, IAFC/IAFF Wellness Fitness Initiative, and OSHA 1910.134, Respiratory Protection Program. Our research and experiences find LifeScan wellness to provide public safety physical examinations to be in complete compliance and more thorough than what local clinics and providers can provide. Public Safety physical examinations will now be offered to all firefighters but will not be mandatory.

LifeScan's public safety physicals utilize enhanced screenings, including ultrasound screenings of the internal organs and cardiovascular system, and advanced laboratory blood profiles to detect significant diseases such as heart disease, stroke, cancer, diabetes, and aneurysms before they reach a catastrophic level. Firefighters will be provided with a thorough assessment of their health and recommendations tailored to each patient's specific needs based on the results of all examinations conducted by each specialist to achieve and maintain long-term employee health. Physician referrals are made to the employee's primary care provider or other appropriate health practitioners for managing medical risks and follow-up care if abnormal findings are detected.

This agreement will offer all firefighters consistent tracking of their medical health and physical fitness for duty for a set cost while enabling LifeScan physicians to review all past examination reports and be familiar with all team members' positive and/or adverse progress.

LifeScan has provided annual public safety physical examination services for KWFD Haz-Mat Response Team members for over a decade and has again agreed to provide all necessary services on-site at our facility. Both LifeScan and the City of Clearwater have approved the KWFD to piggyback off the City of Clearwater's RFP #51-20 and Contract #901107FD, which has an effective date of 01/01/2021, with (2) additional (1) year terms. This will be the second and final additional term barring any extensions or amendments.

Procurement

\$48,600 is currently allocated to account # 001-2201-522.31. Additional funding will be required via a budget transfer to cover the proposed cost.

Recommendation

Authorize an amendment to Resolution 22-107 providing public safety physical examination services to all active Key West Fire Department Firefighters at an annual, per-member cost not to exceed \$690.00, authorizing up to a total of \$65,550 annual cost, from Life Extension Clinics, Inc. d/b/a LifeScan Wellness Centers (LifeScan) pursuant to Key West City Code of Ordinances Section 2-797(3), authorizing necessary budget transfer and amendment.

Exhibits:

Exhibit A – Resolution 22-107

Exhibit B – LifeScan Proposed Agreement

Exhibit C – LifeScan 2023 Price List

Exhibit D – Clearwater Rate Increase Acceptance

Exhibit E – Clearwater – LifeScan Agreement

