

APPLICATION FOR APPOINTMENT TO VACANT CITY COMMISSION SEAT

Vacant Seat: Mayor Commissioner – District 5

Date Submitted: 11/26/2025

1. APPLICANT INFORMATION

Full Legal Name: Frederick Lawrence Covan

Residential Address (must be within the City of Key West):

1801 Serdenberg Ave
Key West, FL,
33040

Mailing Address (if different):

N/A-

Phone Number: 305-304-2948

Email Address: Fredcovan @ Gmail. com

Are you a registered voter in the State of Florida? Yes No

County of Registration (Monroe County if Key West address): MONROE

Length of continuous residency within the City of Key West (minimum 1 year required by Charter): 30

2. ELIGIBILITY CERTIFICATION (KEY WEST CITY CHARTER §3.02)

I certify that I am a resident of the City of Key West.

I certify that I have resided in the City of Key West continuously for at least one year prior to qualification.

I certify that I am a registered voter in Monroe County, Florida.

I certify that I am qualified to hold public office under Florida law.

I certify that I am not currently disqualified under any provision of Florida Statutes, the Key West Charter, or City ordinances.

3. PROFESSIONAL AND CIVIC BACKGROUND

Current Occupation/Employer:

Clinical Psychologist, self employed, office @ 1901 Fogarty

Relevant Professional Experience:

Director of Adolescent Psychiatric Services, Harlem Hospital 1972-1980

Chief Psychologist @ Bellevue Hospital, NYC; 1980-1994

Clinical Director, Safe Port, Key West 1995-2002

Clinical Director, U.S. Navy Alcohol Evaluation & Treatment Prog. KW, 2001-2022

Community Involvement / Volunteer Service in Key West:

Board of Directors Member: Helpline 2001-2012

Volunteer Trainer: Helpline 1998-2005

President Board of Directors: Congregation ORNAZION; KW, 2000-present

Vice President: ~~KW~~ stand 2025

Prior Public Service (City Boards, Committees, or other governmental experience):

President Local 1189: N.Y.C Psychologist Local of DC-37 of AFL-CIO

Founding member of CHIP (Coalition of Hospital Psychologists)

4. STATEMENT OF INTEREST

Explain why you are seeking appointment to the Key West City Commission and what qualifications or priorities you would bring:

I love this city and I am not going anywhere. In fact I've already bought my gravesite in KW. I believe I am a good candidate for this position because I am comfortable dealing with people and conflict. I have organized and managed emotionally disturbed adolescents in Harlem, NY, psychologists in a large N.Y. hospital and I've

continue page 3.

5. POTENTIAL CONFLICTS OF INTEREST

Do you or any immediate family member have any financial, contractual, or organizational interests involving the City of Key West that could present a conflict? Yes No

If yes, please explain:

Interest continued

President of the board of directors of the local synagogue for 30 years, and don't think that's not an easy job. I am good at conflict resolution and I think I can bring some stability and LISTENING to the board.

I have attached my resume
For more information.

6. REFERENCES (Optional)

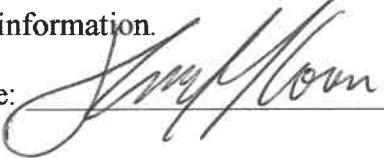
Name: Monica Haskell Phone: 305-304-5635 Relationship: Friend

Name: Sam Kautman Phone: 305-304-5848 Relationship: Friend

Name: Robert Highsmith Phone: 305-923-9331 Relationship: Friend

APPLICANT CERTIFICATION AND SIGNATURE

I certify that all statements in this application are true and complete. I authorize the City of Key West to verify this information.

Applicant Signature: 

Date: 11/26/2025

CITY CLERK VERIFICATION

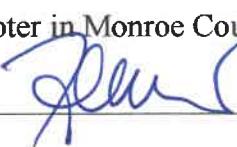
I, Keri O'Brien, the duly authorized City Clerk of Key West, have reviewed the eligibility of the applicant listed above.

Based on City records, the applicant:

Resides in District V based on the review of their Florida Driver's License and Residency Affidavit.

Is a registered voter in Monroe County, Florida.

(confirmation pending 11/26/25)

Clerk Signature: 

Date: 12/1/2025



THE CITY OF KEY WEST
POST OFFICE BOX 1409
KEY WEST, FL 33041-1409

AFFIDAVIT OF RESIDENCY TO QUALIFY FOR MAYOR & CITY COMMISSION

I, Frederick L. Covay hereby declare that I currently reside in, and maintain residence at 1801 Seidenberg Ave; K.W within the City of Key West city limits. I further affirm that I have continuously lived within the city limits of the City of Key West, Florida for the last twelve months (from the date of Qualification) pursuant to City of Key West Charter 3.02. I recognize and declare my intent to maintain my permanent home within the city limits, and in the district for which I am elected.

I understand that pursuant to the City of Key West Charter 3.02, a Commissioner can forfeit office if at any time during the term of office they lack any qualification for the office, as determined by the City Commission for the City of Key West including the requirement of maintaining permanent residence within the City of Key West city limits, and the district for which I am elected.

I understand that the City of Key West may request I provide documentation proving my current residency within the City and district, and residency for the twelve months prior to this date and if necessary the City may verify the authenticity of any such documentation with outside agencies and further research my qualifications. By way of example, proof of residency documentation may include but is not limited to a Florida Driver's License, deed or lease of a residence within the City, utility or other bill, and will be determined on a case-by-case basis.

I acknowledge that this sworn affidavit is given pursuant to The City of Key West and/or the Supervisor of Elections and that any person who falsely swears or affirms any oath or affirmation to a public official commits a misdemeanor pursuant to F.S. 837.06

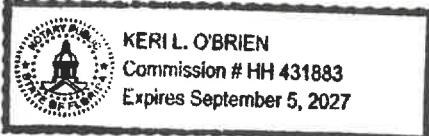
FURTHER AFFIANT SAYETH NAUGHT.

Signature

Print: Frederick L. Covay

SUBSCRIBED AND SWORN to before me on this 26th day of November 2025, by Frederick Covay, who is _____ personally known to me OR produced FL Driver's License type of identification.

(SEAL)



NOTARY PUBLIC

FREDERICK L. COVAN, Ph.D.

Licensed Clinical Psychologist

1901 Fogarty Avenue, Suite 2, Key West FL 33040

Telephone (305) 304-2948

E-mail: Fredcovan@gmail.com

RESUME

New York Psychology License Number 5274, received March 18, 1977. (Inactive 2021)

Florida State Psychology License Number PY0005311, received September 28, 1995.

EDUCATION:

Ph.D. in Clinical Psychology, January 1977

M.A. in Psychology, January 1973

Yeshiva University, Ferkauf Graduate School of Social Sciences, Department of Psychology,
Bronx, New York

B.A. in Psychology, with Honors, June 1966

Clark University, Worcester, MA

PROFESSIONAL EXPERIENCE:

March 1977 to Present:

PRIVATE PRACTICE: Psychotherapy (individuals, couples and families), psychological testing, substance abuse evaluations, supervision, forensic evaluation and testimony.

September 2001 to September 2022

PERCEPTOR: United States Navy Drug and Alcohol screening program, Naval Air Station, Key West, FL.

November 2000-December 2010:

Alcohol Abuse evaluation for the Advocate Monroe County DUI Programs.

July 1995 to January 2002:

CLINICAL DIRECTOR: Safe Port, a one year residential alcohol and drug treatment program for families.

April 1980 to May 31, 1994:

CHIEF PSYCHOLOGIST: Bellevue Hospital Center, Psychiatry Department,

Psychology Services, New York, NY

Supervisor and administrative responsibility for the psychologists in the Department of Psychiatry; research; program development; quality assurance; direction of Externship Training Program; development of interdisciplinary training programs throughout hospital dealing with stress management, health psychology, assertiveness training, supervisory skills, crisis intervention and prevention.

June 1989 to 1991:

CRISIS INTERVENTION CONSULTANT: New York City Health and Hospital Corporation Employee Assistance Program for the Emergency Medical Service, New York, NY and New York City Fire Department.

July 1972 to April 1980:

Harlem Hospital Center, New York, NY

Employed with increasing responsibilities in the following titles:

CHIEF PSYCHOLOGIST: Administrative and supervisory responsibility for psychologists working in the Division of Child Psychiatry at Harlem Hospital. September 1979 to April 14, 1980.

COORDINATOR FOR ADOLESCENT SERVICES: Responsibilities: Liaison with local schools, Family Court, New York City Police Department, social service agencies and other psychiatric facilities; administrative responsibility for coordination of evaluations and treatment in the Adolescent Service (an outpatient clinic for Central Harlem residents); psychodiagnostic testing; crisis intervention, individual, group and family psychotherapy; training of Child Psychiatry Fellows and Psychiatric Residents; development of externship program for clinical psychology graduate students.

October 1973 to April 1980. (Health and Hospital Corporation title was Staff Psychologist. From December 1976 to April 14, 1980, title was Senior Psychologist.

COORDINATOR OF TREATMENT PROGRAM FOR COURT RELATED CHILDREN: While serving as Coordinator For Adolescent Services at Harlem Hospital, I had additional duties which were consultation with New York City Department of Probation at Manhattan Family Court; presenting clinical seminars for Probation Officers; screening of patients for Harlem Hospital Treatment Program; expert testimony. June 1976 to April 14, 1980.

STAFF PSYCHOLOGIST (Health and Hospitals Corporation Title): Clinical responsibilities were those mentioned above plus supervision of para-professionals and consultation with local public and parochial schools and community-based drug treatment programs. July 1972 to December 1976.

1979 to 1985: PANEL PSYCHOLOGIST: New York State of Vocational Rehabilitation, Albany, NY.

1978 to 1982:

CONSULTANT: New York Counseling and Guidance Service, New York, NY.

October 1970 to March 1973:

RESEARCH SCIENTIST (Psychologist): Department of Environmental Medicine, New York University Medical Center, New York, NY.

Participation in the design and implementation of a study to determine the long-term effects of lead poisoning in children, October 1970 to July 1972, consultation and supervision of the study, July 1972 to March 1973. See "Papers." below.

September 1969 to September 1980

PSYCHOLOGY INTERN: Bellevue Psychiatric Hospital, Psychology Department, New York, NY.

Duties included psychodiagnostic testing, individual, group and family therapy with children and adults, in inpatient and outpatient settings.

PUBLICATIONS:

Covan with Kahn (1994). Crazy All The Time: Life, Lessons and Insanity on the Psych Ward of Bellevue Hospital, New York, Simon & Schuster (hardback); Fawcett (paperback).

Covan and Sands (1994). "The Failure of Psychology Training Programs to Confront Death: A Literature Review." (Submitted for publication).

Covan and Sands (1994). "Confrontation with Death; and Experiential Training Experience." (Submitted for publication).

Campion, Craven and Covar (1985). "A Study of Filicidal Men," Amer. J. Psychiatry, 145 (9): 1141-144.

Campion, Cravens, Rotholc and Covar (1985). "A Study of Ten Men Charged with Patricide," Amer. J. Psychiatry, 142 (3):312-317.

Campion, Cravens, Rotholc, Weinstein and Covar (1985). "A Study of Fifteen Matricidal Men," Amer. J. Psychiatry, 142 (3):312-317.

Eisman and Covar (1982). "The Emotionally Disturbed Pregnant Adolescent," In Wells and Stewart (Eds.) Pregnancy in Adolescence, New York; Van Norstrand, Reinhold & Co.

Albert, Shore, Sayers Strehlow, Kneip, Pasternak, Freidhoff, Covan and Cimino (1974).
"Follow-up of Children Overexposed to Lead," Environmental Health Perspectives, May 33-39.

"The Perception of Movement in Inkblot Following Cognitive Inhibition." Doctoral Dissertation, unpublished, 1976.

PROFESSIONAL ORGANIZATIONS:

President: Local 1189 (New York City Psychologists) of District Council 37, American Federation of State, County and Municipal Employees, AFL-CIO. 1981 to May 31, 1994. (Vice- President 1978 to 1981).

Member: American Academy of Health Care Providers in the Addictive Disorders. Certificate No. 2656. 1992 to 1993.

Member: American Psychological Association (Divisions: Psychotherapy, Neuropsychology, Psychology and the Law). 1977 to 2008.

Member: New York Psychological Association. 1982 to 1996.

Member: American Orthopsychiatric Association. 1982 to 1987.

Member: International Neuropsychological Association. 1982 to 1989.

Member: New York Neuropsychological Group. 1982 to 1989.

Founding Member and Steering Committee Member: C.H.I.P. (Coalition of Hospitals and Institutional Psychologists). 1982 to 1994.

PRESENTATIONS:

Workshops and presentations on the theme of "The Essentials of Effective Psychotherapy," including the following:

Annual presentations at the Manhattan Veteran's Administration Department of Psychology Intern Training Program (1986 to 1992);

Two-day Workshop, Rutland Mental Health Association, Rutland, Vermont (August

1988);

Presentation, New York State Psychological Association Annual Convention, New York City (April 1987);

Workshop, Orton Dyslexia Society Annual Convention, New York City (March 1987);

Staff Presentation, Metropolitan Housing Psychology Department, New York City (October 1987);

Grand Rounds, Roosevelt Hospital Department of Psychiatry, New York City (1986);

Grand Rounds, Woodhull Hospital, Department of Psychiatry, New York City (1986);

Staff Presentation, Bronx Veterans Hospital Psychology Department, New York City (1986).

Annual training of volunteers at “Helpline”, a crisis intervention and referral “hotline” service in the Florida Keys. (1998 to 2005).

ACADEMIC POSITIONS:

INSTRUCTOR: (1996 TO 1998): Florida Keys Community College, Department of Nursing, Certified Addiction Professional Training Program.

CLINICAL ASSISTANT PROFESSOR (1983 TO 1994) and CLINICAL INSTRUCTOR, (1980 to 1983): New York University School of Medicine, Department of Psychiatry, New York, NY.

TRAINING CONSULTANT (1986 TO 1992): Manhattan Veteran’s Hospital, Psychology Department, New York, NY.

CLINICAL ASSOCIATE (1985 TO May 31, 1994): The New School, Psychology Department, New York, NY.

CLINICAL SUPERVISOR (1994 TO 1992): Pace University, Psychology Department, New York, NY.

AFFILIATE CLINICAL PROFESSOR OF PSYCHOLOGY (1983 TO 1992): St. John’s University, Psychology Department, New York, NY.

CLINICAL FIELD SUPERVISOR (1983 TO May 31, 1994): Yeshiva University, Ferkauf

Graduate School, Department of Psychology, New York, NY.

COMMUNITY ORGANIZATIONS:

President, Board of Directors, CONGREGATION B'NAI ZION SYNAGOGUE, Key West, FL. November 2000 to Present.

Member, Board of Directors, CONGREGATION B'NAI ZION, Key West, FL. November 1999 to 2000.

Member, Board of Directors, Helpline of Key West, FL. April 2001 to March 2012.

Trainer, Helpline Volunteers, Key West, FL. September 1998 to January 2005.

Vice President of Last Stand, A community action organization in Key West. January 2025 to the present..