





TIP

GIVE MENTAL & PHYSICAL HEALTH EQUAL PRIORITY

Mental health has real value, helping us to
connect, function, cope and thrive

IMPACT OF COVID

**Increase in anxiety, increase in depression,
increase in substance use which equaled
increased suicides and overdoses**

OVERDOSE RATES

January - September 2022

Monroe County

244

Suspected
Overdoses

17

Fatalities

100

Naloxone
Administration

Out of those in Key West

123

Suspected
Overdoses

5

Fatalities

52

Naloxone
Administration

MONROE COUNTY

Rates of Suicide

2015	2016	2017	2018	2019	2020	2021
21	19	20	35	22	25	16

Highest risk factor for Monroe County is if you are Renter. CDC and Department of Health did CASPER study that found link between natural disasters & rates of suicide

GCC COVID ERSP program provided free mental health services, housing & suicide prevention. This program had a significant effect on the rate of suicide for Monroe County Florida as evidenced by the 6-year rates noted. Specifically, the rate was reduced by 33% from the 6-year average of 24 deaths per year.

Project Summary

Approaching its 34th year, The Heron offers permanent housing and supportive services to Monroe County adults with chronic and persistent mental illness in a comfortable, homelike setting.

We are the only state-licensed Assisted Living Facility (ALF) in Monroe County with a Limited Mental Health License regulated by Florida's Agency for Healthcare Administration. Additional oversight is provided by the Department of Children and Families, the Department of Health, and the Department of Elder Affairs' Ombudsman Program.

Currently, The Heron provides housing to 14 adults. While we do occasionally receive referrals from outside of Monroe County, the majority of our residents and their families have roots here in the Florida Keys.





To address the need for a new, safe, compliant, and COVID-friendly facility for our residents and their families, we are launching a \$7 million capital campaign in two phases:

PHASE 1 Increased Assisted Living Facility Capacity
Rebuild the facility to the licensed capacity of 16 beds

Isolation Rooms
2 isolation rooms with bathrooms to align with COVID-19 protocols

Assisted Living Employee Housing
2 rooms for staff to provide overnight supervision

Commercial Kitchen
Large-scale meal service and development of food service program instruction

Upgrade to new codes
A more sophisticated fire sprinkler system and ADA compliance

PHASE 2 Independent Housing / Employee Housing
3 apartments for mixed-use housing

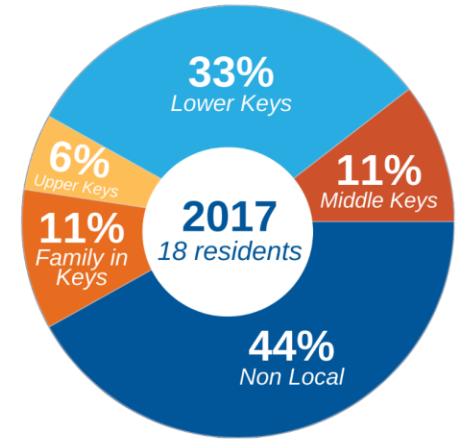
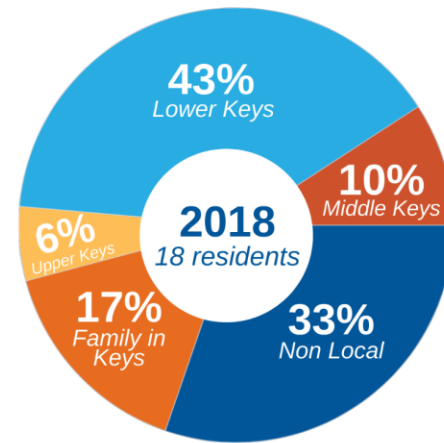
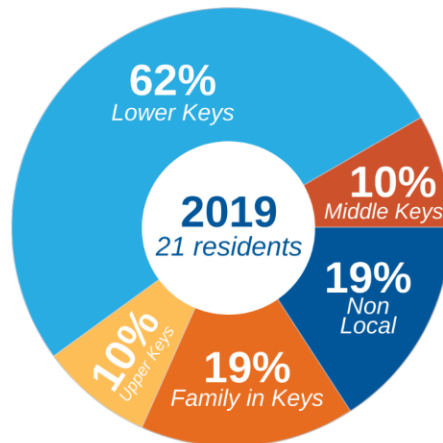
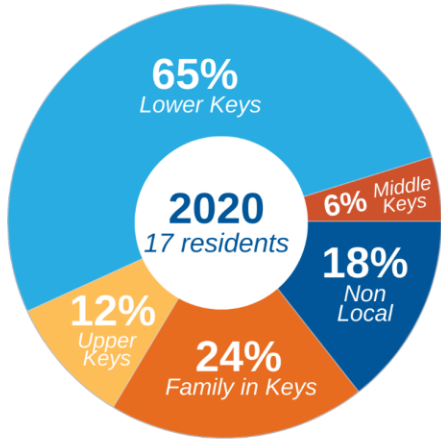
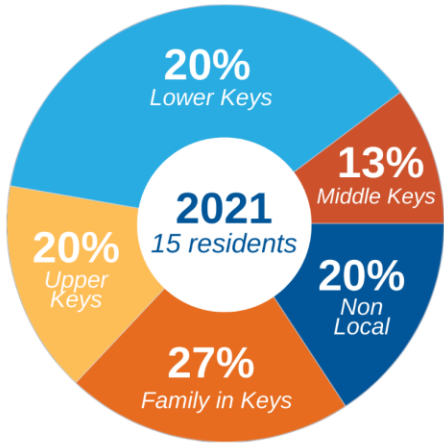
Residential Program

Heron residents share a semi-private room and 24-hour access to support staff. A wide variety of services allow them to reach their maximum potential:

- Medication supervision
- Meal preparation
- Assistantance with activities of daily living such as shopping, personal care and laundry
- Coordination of medical and behavioral health services
- Coordination of access to education and employment
- Linkage to legal services
- Coordination of transportation to all ancillary services
- Coordination of access to social and religious opportunities
- Coordination of access to benefits
- Assistance with money management



LAST FIVE FISCAL YEARS AT THE HERON



Sustainability

The Heron participates in local and regional committees and work groups. Our goal is to meet with local social services to regularly coordinate the delivery of services, resources, outreach and client care. Our collaborations include:

Monroe County Homeless Services Continuum of Care (CoC)

Substance Abuse/Mental Health Council
Created by the Department of Children and Families (DCF)

South Florida State Hospital
Arranging housing upon release from treatment facilities

Monroe County Detention Center
A G/CC Forensic Case Manager is on site for referrals upon release