

# Guidance/Care Center, Inc. Proposed Project Request:

Maureen Dunleavy, LMHC – Area Director  
1205 Fourth Street, Key West FL 33040

## Background:

For the past 46 years, the Guidance/Care Center, Inc. (GCC), a Florida not-for-profit, has provided comprehensive behavioral health services to adults, children and families all ages from all incomes and walks of life. GCC works collaboratively with other agencies to support and enhance the benefits to our clients throughout Monroe County. GCC serves all clients regardless of inability to pay. Discounts are based on family size and income. There are three outpatient sites throughout the county, an assisted living facility and inpatient in Marathon. The population of our inpatient unit in our Marathon facility provides crisis stabilization, Detox and Residential Treatment to those awaiting/returning from the State Psychiatric Hospital. GCC serves 2909 annually of which 1400 are Key West residents.

## Current Need:

Guidance/Care Center's Marathon Site is the Centralized Receiving Facility for Monroe County. Within this facility there is an inpatient unit that provides Crisis Stabilization and Detoxification. CSU is a public Baker Act receiving facility providing services for individuals showing acute mental health disorders. As the Centralized Receiving facility for Monroe County, the CSU is the central reception point for individuals who need emergency mental health or substance use disorder care. The receiving facility insures that persons receive needed services in the least restrictive setting and in the least intrusive manner. Additionally, this facility is also an Addiction Receiving Facility for those under the Marchman Act or needing Detoxification Services from substance use disorders. This facility operates 24/7 and is the entry point to access. Clients may be admitted voluntarily or may be mandated through Florida Statute and law enforcement. There are also two beds that are Residential Treatment Facility Beds which may be used for those awaiting or returning from the Florida State Psychiatric Hospital or a Residential Substance Abuse Treatment Program on the mainland. These programs are accredited through CARF as well as licensed by AHCA and the Florida Department of Children & Families. In the past 5 years the acuity of the clients in these programs has increased along with the daily census. Following Hurricane Irma housing issues and cost of living contributed significantly to an increase in our community suicide rate which placed a higher need for these services. In addition, client issues have become more complex and drug use issues more severe including the propensity for violence. This facility was built over 30 years ago and is in need of security upgrades to keep clients and staff safe.

**Actual number of Clients Served by GCC in Fiscal Year 2019: 2909 of which 1400 were Key West residents**

**Number of clients served by GCC Marathon CSU/Detox: 711**

**Number of clients served by GCC Marathon CSU/Detox from Key West: 329 (including 124 homeless)**

## Fiscal Information:

**Project Budget: \$750,000**

Funding Received:	\$50,000	Ocean Reef Foundation
	\$25,000	City of Marathon
	\$200,000	Monroe County

**Remaining Needed: \$475,000**

- Requesting funding from City of Key West
- Applications pending for the 2020 Legislative Budget as a Special Project